

Dragon Dispatch



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Kerstin Johnson, Principal

Cupertino Union School District

January 26, 2017

Board of Education – Liang Chao, Anjali Kausar, Kristen Lyn, Soma McCandless, Phyllis Vogel Superintendent – Wendy Gudalewicz

Traffic Volunteers for the week Jan. 30 – Feb. 3 are from room 1
Traffic Volunteers for the week of Feb. 6 - 10 are from room 28

CALENDAR OF EVENTS

Feb. 3	Principal's Coffee regarding traffic at 8:30 a.m. in the GLC
Feb. 6	SSC 7:45 a.m.
Feb. 9	Project Cornerstone Training at 8:30 – 10:30 a.m. in room 27
Feb. 9	HSC Meeting - 7:00 p.m.
Feb. 15	Superintendent Meeting in GLC at 6:00 p.m.
Feb. 16	Family Literacy Night in GLC from 6:00 – 8:00 p.m.
Feb. 20 – 24	Mid-Year Recess – NO SCHOOL
Mar. 1	Incoming 6 th grade Parent Meeting at Miller at 6:00 p.m.
Mar. 7 – 10	5 th grade Science Camp
Mar. 18	CEEF Gala – The Fairmont in San Jose from 5:30 – 12:00 p.m.
Mar. 23	Wizard's Festival- in GLC-6:00-6:50 K-2 nd ; 7:00-7:50 3-5 grade
Mar. 24	2 nd Trimester Report Cards go home
Mar. 30	Science Fair in the GLC from 6:00 – 7:00 p.m.

Dear Dilworth Families:

Welcome to late January! After a few weeks of significant rain, it has been nice to have a few days of sunshine.

Over the next few weeks, we will be having a few wonderful activities at school. This Thursday, the second graders in Room 7 perform their annual show in honor of Martin Luther King, Jr. Next week, on Tuesday; our students commemorate the 100th day of school! On Wednesday, our 3rd-5th graders compete in the annual Geography Bee. Thursday, marks the annual Chinese New Year celebration. All of these terrific events further support our students' learning and appreciation for the diverse community within which we live. Some of you will be joining us as volunteers and we thank you in advance!

Coming up in February will be a few additional opportunities for parents to be involved in school.

On Friday, February 3rd, at 8:30 AM I will host a **Principal's Coffee discussion on traffic** in and around Dilworth. We will meet in the GLC for an open conversation about what is working and areas to address in our traffic flow. If you have input but are not able to attend, please feel free to email me at johnson_kerstin@cusdk8.org

For those of you interested in reading to our students through the **Project Cornerstone** program, we will be hosting an Assets 101 Training class on Thursday, February 9th, from 8:30 AM-10:30 AM, in Room 27. For more information about this wonderful program, please see their website: <http://www.projectcornerstone.org/>.

Our **Superintendent, Dr. Wendy Gudalewicz**, will be visiting Dilworth on Wednesday, February 15th at 6 PM for a meeting in the GLC. I hope you can join us! Have a wonderful weekend, Ms. Johnson

STUDENT SPOTLIGHT: ART SHOW - Thanks to the support of our Home and School Club, all students at Dilworth receive art instruction from the Community School of Music and Arts. For the month of February, some of our students' work from this program will be on display in Mountain View City Hall. On Friday, February 3rd, from 3 PM- 6 PM there will be a reception honoring the artwork as part of a show titled: A Line Runs Through It! Please join me in congratulating the following students for being selected to be part of the show: Andrew G., Laasya K., Derek L., Chloe M., Nishanth N., Alana P., Rutvi P., Esha R., Samrita S., Maya S., Nikhil V., Connor W., Loren Y., and Curtis Z.

HAPPY BIRTHDAY!!! - We would like to wish Sia, in room 3 and Shaurya, in room 6, a very HAPPY BIRTHDAY, as well as thank them for their generous donations to our library. In celebration of their birthday, they have each donated a book to our library for all of us to enjoy. Thanks so much, Sia and Shaurya.

A NOTE FROM OUR HEALTH OFFICE: THE IMPORTANCE OF EATING BREAKFAST!

Kids who eat Breakfast:

- Are more focused on learning.
- Are not distracted by their hunger.
- Perform better at academic tasks.
- Are less likely to become moody or have behavior issues.

- Have more energy for a more productive school day.
- Are more likely to participate in physical activities.
- Eat healthier all day long.
- An ideal breakfast consists of a variety of the following "always" foods:
 - * Whole grains: oatmeal, multi-grain bread, bagels, and waffles. These foods provide vitamin B and complex carbohydrates for energy. Look for whole-grain low sugar cereals.
 - * High-quality protein: Eggs, peanut butter, turkey bacon and dairy products like yogurt and cheese. Protein functions as a building block for bones, muscle cartilage skin and blood. They are also building blocks for enzymes, hormones and vitamins.
 - * Low fat dairy: yogurt cheese and milk. Calcium is used for building bones and teeth and to maintain bone mass.
 - *Fruits and vegetables: Fruits like oranges contain vitamin C which is important for growth and repair of all body tissues, helps heal cuts and wounds. Bananas are a good source of potassium, which regulated blood pressure. Consider berries, different melons, mango and papayas.

This information was obtained from El Camino Hospital and Lucille Packard\children's hospital of Stanford.

BOOKS AND BEYOND - The first round of Books and Beyond ends today. Reading log sheets have been collected and will be tallied next week. Incentives for participating students will be distributed very soon. It's great to see that we have lots of eager readers! Keep up the good work.

SCIENCE FAIR 2017 - Science Fair 2017 is scheduled for March 30th, 6 - 7:00pm. Participation is optional. Science Fair is a great opportunity for students to explore scientific ideas, work on their own project, and present it to their fellow students and other Dilworth families. An informational flyer that includes an enrollment form, guidelines for your child selecting his/her own project, when to pick up your display board, and what to bring with you on Science Fair night, is in the Friday folder.

Please note the following - Enrollment Forms are due by Friday, March 3rd **NO LATE REQUESTS ACCEPTED**. Projects that will be too messy (including ones that distribute food) will not be permitted as there is an event scheduled the next morning. Any questions, contact Mrs. Gauthier at (408) 253- 2850 or at gauthier_susan@cusdk8.org

The FUJITSU Planetarium at De Anza College (see flyer in Friday Folder)

Please plan to join Dilworth families and friends for a private event at the Fujitsu Planetarium (De Anza College) on Friday, March 3rd. This is a private event for Dilworth, and any money above the rental fee will go to Dilworth HSC!

Location: Fujitsu Planetarium, 21250 Stevens Creek Blvd, Cupertino, <http://planetarium.deanza.edu/> (Descriptions of shows are on Website)

Date: Friday, March 3rd at 6:30 pm or 8:00 pm (Doors open 15 min. before the show)

Tickets: \$7.00 + Parking \$3 (Parking permits will be pre-ordered)

2 different shows: 6:30-7:30pm "The Moon" (K-2nd)*
8:00-9:00pm "Black Holes: The Other Side of Infinity" (3rd-5th)*

*Please try to attend the show for your child's grade level.

Note: After the show there is a "tour" of the night sky using the star projector

Get your tickets early, space is limited to 140.

Any questions, contact:

Vani Ramanatham vani_anantha@yahoo.com Susan Gauthier gauthier_susan@cusdk8.org

DISTRICT NEWS SECTION – Vol. 10 - 2016 – 2017 – Elementary School

ANNUAL GALA: "SPRINGTIME IN PARIS" Saturday, March 18th, 2017 5:30 PM – Midnight

Please join us at our annual gala, "Springtime in Paris," as we celebrate over 30 years of partnerships with parents, businesses, and our local community in support of our CUSD Schools. The Gala will honor not only the 2016 - 2017 CUSD Teachers of the Year and the 2016 - 2017 District Teacher of the Year, but also the recipients of the Sandy Liu Community Service Leadership Award, the Innovative Technology Educator Awards, and the Patricia A. Lamson Endowment Fund for Reading Literacy Scholarship. Additional highlights of the evening shall include tastings with local wine makers and breweries. Live and silent auctions, as well as a casino and dancing, will make this celebratory evening complete.

www.ceefcares.org

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CAC SPEAKER SERIES - FEBRUARY 15 - PERSON CENTERED PLANNING

Location: Monta Vista High School Theater, 21840 McClellan Rd, Cupertino, CA 95014

Time: 7:00-9:00 p.m. - **Presenter:** David Grady, Manager for the State Council on

Developmental Disabilities - In this presentation David Grady will introduce the concept on Person Centered Planning and the importance of adopting a person centered attitude toward the care of children. In his open format/ dialog style, David will review values identification, types of support, and the role of families, friends, teachers, service coordinators, and the entire community in arranging the best education and services, an essential first step in arranging the education and support for children with developmental disabilities.

